

Welcome to Costa da Caparica (Greater Lisbon, Portugal)



Travelling to Lisbon (by air)

The closest airport to the meeting place is the Humberto Delgado Airport aka Lisbon (International) Airport (IATA: LIS, Web: www.lisbonairport.pt) – the main Portuguese airport !

The airport is the main hub of Portugal's flag carrier TAP Air Portugal, and many well-known carriers have direct flights to/from the Lisbon Airport, including low-cost airlines such as EasyJet (all outbound from Terminal 1) and Ryanair (outbound from Terminal 2).

It is typically fast to get from airport entrance to any gate (and vice-versa) passing through security.

Suggested Hacks (for when you go back home):

- *Terminal 1: You can buy a Fast Track pass for 11€ (in a machine close to the security entrance) which largely accelerates passing through security as there is a dedicated area for the Fast Track holders.*
- *Terminal 1: If you use the standard security area (above), try to go for the rightmost scanning machines as these are the new ones and you don't need to take any electronics out of the bag(s).*
- *Beware of what is shown on the screens that might be incorrect – sometimes flight is already boarding while it still says "Go To Gate" on the screens. Be sure to be close to the gate to have a visual on boarding status.*

You can check travel options to/from Lisbon Airport in any of the popular flight tracker websites: www.kayak.com, www.momondo.com, www.skyscanner.com, www.kiwi.com, etc.

Out of the airport (& Moving in Lisbon)

Mobility-as-a-Service (TVDE vehicles)

- Lisbon is served by **popular MaaS platforms**
 - At a given point in time, one might be providing a better price than other(s) – you need to check on-demand on the mobile Apps
- **TVDE is the suggested way to move by car in Lisbon and go from Airport to the Venue/Hotel**



Metro (Metropolitano Lisboa)

- Lisbon city has an efficient underground metro
 - **Airport metro station: Aeroporto (T1), Red line**
 - **Beware that there is no Metro to the Hotel/Venue and you will need to commute several times/modes to get there using public transportation !**
- The metro spans the city and is the **most effective & cheapest way to move inside the city (Lisbon)**
- Lisbon metro info & map @ www.metrolisboa.pt/en/



Taxi

- **Use of taxi is acceptable & non-expensive**
 - **@Airport:** advise you to take the taxi at the Departures (right outside the terminal building), not at the Arrivals. You hail for the passing taxis that deliver passengers to the airport.
 - **Note:** suggest you ask for invoice ("fatura" in Portuguese) for tracking any issue with the taxi driver – invoice is printed, never handwritten !!!
- Lisbon taxis are painted **black & green** colour and can be hailed from the streets or found in taxi stops.
- You can also use these Taxi Apps:



Other mobility options

- **Bus & Tram (Eléctrico) carris**
 - Lisbon is well-served by buses & trams that traverse the city
 - **Bus exists from Lisbon to the Venue, but you need to take it either at Marquês do Pombal or Sete Rios, in Lisbon city**
 - See Carris Metropolitana schedules + routes @ www.carrismetropolitana.pt
- **e-bikes (& dockless e-scooters)**
 - Lisbon's bicycle sharing system is a fun way to explore the city
 - Lisbon has around 60 kms of cycle routes and shared paths
 - **Public e-bikes: Gira** - www.gira-bicicletasdelisboa.pt (just 2€ daily)



Venue: TRYP Lisboa Caparica Mar Hotel 4*

The **TRYP Lisboa Caparica Mar Hotel** has a relaxing and carefree atmosphere and is located right on the sea, on the **largest and most popular beach in the Greater Lisbon region – the Costa da Caparica**. The hotel is located just some **20 minutes from downtown Lisbon and the Lisbon International airport**.

The **amazing landscape of this coast** calls for walks alongside the seafront promenade. The 30km-long sandy beach spanning from Protected Landscape of Arriba Fóssil to the Fonte da Telha beach is among one of the region's greatest natural assets.

Hotel venue is ~25km (~30mins) out of Lisbon airport – best way to reach is by TVDE (Uber, Bolt) or Taxi:

- Airport→Hotel: On rush hours (after 16h~17h) it might take longer to get pass the Tagus bridge due to high traffic.
- Hotel→Airport: On rush hours (before 10h) beware that it might take longer (2x or more) to get to the airport.
- Note: be sure to reserve sufficient time in-advance, check traffic on Maps Apps and, in the very extreme case that all is blocked (accident), consider the Fertagus train (www.fertagus.pt) that moves under bridge (Pragal→Lisbon)

TRYP LISBOA CAPARICA MAR HOTEL:

- **Address**: Avenida General Humberto Delgado, 47, 2829-506 Costa da Caparica
- **Map**: <https://maps.app.goo.gl/Bc6QXiGJZbhE5eC86>
- **Web**: www.tryplisboacaparica.com

Note1: Hotel has an Outdoor Swimming pool (Seasonal only)

Note2: Hotel has car parking at 5€/night for meeting participants



Alternate Accommodation: Crowne Plaza Caparica

(in case you cannot book accommodation at TRYP Lisboa Caparica Mar Hotel)

Located in one of the flourishing areas of the Lisbon Region, Costa de Caparica is just 15km from the centre of Lisbon and 3 km from the sea. Combining work and leisure, the hotel is within a 25-minute drive to Lisbon Airport. If a beach holiday, the Costa de Caparica's beaches offer multiple activities, from a relaxing summers day enjoying the sun to winter surf classes at some of the most renowned schools in the region. Also, you can practice golf or book a treatment at the Hotel Spa.

Note: Crowne Plaza hotel is located 3.3km from the venue, with travel time around 8~9 minutes by Taxi/TVDE - shuttle might exist at hotel, please check.

Crowne Plaza – Caparica Lisbon:

- **Address:** Largo Aldeia dos Capuchos, 2825-017 Caparica
- **Map:** <https://goo.gl/maps/efdM1mS4UFmEqyjy7>
- **Web:** www.ihg.com/crowneplaza/hotels/gb/en/caparica/lispr/hoteldetail



Alternate Accommodation: Mercure Lisboa Almada

(in case you cannot book accommodation at TRYP Lisboa Caparica Mar Hotel)

The 4-star Mercure Lisboa Almada hotel is located a short drive from the beaches of Costa da Caparica and 1.4 km from the iconic Cristo Rei. Modern rooms offer picturesque views of Almada. Lisbon's popular historic centre is 9 km away, with emblematic areas such as Chiado, Rossio and Bairro Alto. The hotel is 3.7 km from Forum Almada Shopping Centre and just a few steps away from the centre of Almada. Lisbon International Airport is just 17 km from Mercure Lisboa Almada.

Note: Mercure Lisboa Almada hotel is located some 9km from the venue, with travel time around 15 minutes by taxi/TVDE (the best option to move there).

Mercure Lisboa Almada:

- **Address:** Rua Abel Salazar 9, 2805-313 Almada
- **Map:** <https://goo.gl/maps/aQBxPNLyKoXzP4Y99>
- **Web:** <https://www.mercurelisboaalmada.com>

MERCURE
HOTELS
LISBOA ALMADA

Eating Out

Eating Out @ Portugal

Portugal is well-known for the quality, diversity and affordable price of its gastronomy – it is probably our major differentiating factor while compared to other countries in the globe !!!

The reason is clear: Portuguese have integrated ingredients and ways of cooking from other regions/cultures into its traditional food. E.g. the spicy Malagueta pepper from the Americas; the Cataplana inspired in the Moroccan “Tajine”; or even the famous Portuguese Bacalao (dried & salted codfish) does not exist in Portugal – it was originally caught in “Terra Nova” (Newfoundland, an island situated off the eastern coast of Canada) and nowadays comes from Norway/Iceland; etc.

Thus, it is quite hard to provide you with a list of suggestions for Eating Out in Portugal as there are many great options in cities, new offers are appearing all the time, and it depends a lot on your taste/likings – so, the following is just a very small (biased) set of options ...

We urge you to check some up-to-date reviews from the following websites:

- **TimeOut Lisbon:** www.timeout.pt/lisboa | **‘Secret Lisbon’ guide:** <https://lisboasecreta.co>

Tip: use the website in Portuguese and activate the translation on your browser as there is a lot more content !


Eating Out @ Caparica – @Promenade




“Sentido do Mar” – Passionate about gastronomy, the team investigates the best flavours and combinations, using regional and seasonal products, to produce unforgettable dishes. Surprise yourself with the daily specials.

Try: Executive Menu at lunch on weekdays, Tartars, Carpaccios, Ceviches, Carabinero Prawns Rice, Seafood, Japanese Noodles, Fish, Sushi, Desserts.

 www.sentidodomar.pt

 Rua Muralha da Praia, Apoio 7, Praia do Norte 278, 2825-278 Costa da Caparica, Portugal

 <https://maps.app.goo.gl/F8evj4sNQEmJ6Bru8>


 Open: 12h-15h30 & 18h30-22h, every day




“Sunrise” – Great restaurant by the promenade, serving delicious dishes ranging from grilled meats, fish, seafood, light meals, etc. Enjoy your meal with a sea/sunset view.

Try: Self-made barbecue (meat, seafood, fish), bacalao (cod fish), fresh fish (catch-of-the-day), Cataplana (seafood, monkfish, pork), etc.

 www.facebook.com/SunriseCostaDeCaparica

 Apoio Praia 23, 2825-382 Costa de Caparica

 <https://goo.gl/maps/5VWAhGxWVkvzqjw37>

 Open: 10h - 23h every day

NOTE: Sometimes meeting social event is here – check with organisers to avoid going there 2 times


Eating Out @ Caparica – International




“**Fiori di Farina**” – Excellent Italian pizza made with authentic and exquisite ingredients, accompanied by a very good Italian beer and original desserts !

Try: Handmade pizza, focaccia, bruschetta in a wood oven; authentic lasagna; tomato, mozzarella and balsamic oil salad; artisanal tiramisu; pizza Nutella.

 <https://fiordifarina.eatbu.com/>

 Rua José Maria Pedroto 2, 2825-239 Costa da Caparica

 <https://maps.app.goo.gl/kW4vA7dbp2zEVChM7>


 Open: 12h-15h & 19h-22h, Monday-Saturday




“**Ali Grelha**” – typical grill owned by Pakistani Ali which gave an Indian flavour to the famous Portuguese chicken piri-iri and other meats.

Try: chicken piri-iri barbecue (main specially), cutlet of veal, cow/turkey steak/skewer, grilled minced meat or also goatling/shrimp/chicken/vegetables curry, all eaten along with chapati Indo-Portuguese flat bread.

 www.facebook.com/AliGrelhaChurrasqueiraTipica

 Rua Joaquim Agostinho 15-A (Santo António) 2825-434 Costa de Caparica

 <https://maps.app.goo.gl/qWjCDK6gC88HxiKE7>

 Open: 10h-23h, everyday (including take-away)

Eating Out @ Trafaria – Fish & Typical

ANTIGA
CASA MARÍTIMA



Antiga Casa Marítima
(Old fishermen house)

40+ years old restaurant
focus on serving the best
fish in a variety of ways,
also traditional dishes.

Try: Octopus fillets, Fish Cataplana, Fish of Day, Monkfish fillets, Fried cuttlefish, Fried ray bread-soup, Codfish “à Braz”

 www.antigacasamaritima.pt

 Rua Cândido dos Reis 1, 2825-847 Trafaria

 <https://goo.gl/maps/fb9hLf3BuaoD8QMSA>

 Open: 12h-15h & 19h-23h | Closed: Monday




“Manuel da Gorda”
Tavern. Serenity, good
produce and good food
reign. Reading the menu,
you only see good things.
You want to taste it all !

Try: Xara head, Cockle patties, Eels stew, Fried eels, Octopus on olive oil, Fried cuttlefish, Fried sável (river fish), Fried rabbit on red wine, Iberian pork “secretos”/”lizards”, and more.

 www.facebook.com/tabernamanueldagorda/

 Rua Gago Coutinho 20, 2825-861 Trafaria

 <https://maps.app.goo.gl/Gy8C3WNRRAfQUyuL9>

 Open: 12h30-00h30 | Closed: Mon & Sun


Eating Out @ Caparica – Beach Clubs/Bars

Leblon
PRAIA DE SÃO JOÃO





In **Leblon** it's all-around good summer vibes and pleasant experiences with even better food and drinks. Cheers to good times in great company, choose your best company.

Try: Portuguese-style fried cuttlefish, Egg “Almost Broken” with Codfish, Tuna loin braised in sesame, matured beef loin, grilled fish (fresh catch of the day), and much more...

 <https://linktr.ee/lebloncaparica>

 Praia das Palmeiras, São João, Costa Caparica

 <https://maps.app.goo.gl/LNWTJwxJEc7g1f377>


 Open: 11h00 - 20h00, Tue-Sun, May-Oct

irmão


Hidden between the dunes of Costa da Caparica, in Portugal, **Irmão** is renowned for its magical atmosphere inside these mesmerising surroundings. From Sunrise to Sunset until Sunrise again, through food, drinks, and music, **Irmão** is full of light and sounds, full of colour and flavours.

Try: slow fermentation pizzas, watermelon sashimi, caesar wrap, roasted Eggplant, aged beef burger with fries, tapas, and much more.

 www.praia-irmao.com

 Praia do Castelo, 2825-308 Costa da Caparica

 <https://maps.app.goo.gl/FLbzcCMYq32oxANF7>

 Open: 12h30 - 23h/01h/00h, Tue-Sun

Eating Out @ Charneca – Rodizio & Sushi



Sabor Mineiro: Famous Brazilian steakhouse (Rodizio) all you can eat meats, buffet and more.

Try: Rodizio of assorted South American grilled meats (picanha, maminha, ancho, cupim, fraldinha, ribs, etc.). Drink: Capirinha. Dessert: grilled pineapple with cinnamon, etc.

 www.sabormineiro.pt

 Av. Elias Garcia 992, 2820-304 Charneca

 <https://goo.gl/maps/Wrks6XtZ3fN2>


 Open: 12h-15h30 & 19h-23h , every day




Honor Sushi: Enjoy the wonderful taste of the fusion of sushi with the Portuguese gastronomy & flavours with the best quality products and fish from local fishermen.

Try: Azorean lilies carpaccio, tartare toro with violet shrimp and caviar, braised with garlic oil and truffle ponzu sauce, crispy marinated tuna, peixe-galo tempura, and also makis, gunkans, sashimi, ossomakis, etc.

 www.facebook.com/honorbymarioribeiro/

 Rua António de Andrade 1154-A, Charneca

 <https://maps.app.goo.gl/68vFngJfaDfv6gZw5>

 Open: 12h30-15h & 19h30-23h30, Tue-Sun

Eating Out @ Almada – Food Court




The **Romeira Market** is a food court in Almada. Opened in 2018, it not only boils down to just one restaurant, but combines the best of gastronomy in an incredible place, be it indoor or outdoor (esplanade). Previously part of Quinta Real do Alfeite, owned by King D. Carlos I, was one of his frequent stay points, satisfying his taste for hunting. In turn, Queen D. Amélia, his wife, took advantage of the pleasant environment to go to baths. Romeira was also known for washing clothes for Lisbon, in the ponds of the old Largo da Romeira. The region had several water springs, attracting both laundresses and water washers.

 www.mercadodaromeira.pt

 Rua Manuel José Gomes 101, Almada

 <https://g.page/MercadoDaRomeira>

 Catering : 12h - 00h, every day |
Bar : Closes 2am



Eating Out @ Almada – Sushi & African




Soul Sushi Almada is a very good Japanese fusion restaurant that combines Japanese cuisine with European flavours. Combining the precepts of traditional Japanese cuisine.

Try: Tempuras, Gunkan, Nigiri, Hosomaki, Temaki, Miso Soup, Gyosas, and a lot more.

 www.soulsushibar.pt

 Rua Salgueiro Maia 19, 2805-323 Almada

 <https://goo.gl/maps/7Nnk18youXp>

 Open: 12h-15h & 19h30-1am, everyday




Tia Bé – Typical African food based (Angola, Mozambique, Cape Verde) with Portuguese and Brazilian varieties. No reservation need.

Try: Catchupa (Cape Verde rich stew), Chicken moamba, Bobó de Camarão (Brazilian shrimp stew), Hen Curry, and more.

 www.facebook.com/restaurantetia.be/

 R. Artur António Ferreira de Paiva 2, Almada

 <https://goo.gl/maps/5NHYHgtyPRD2>

 Open: 10h-15h & 19h-23h | Closed: Sunday

Eating Out @ Almada (Cacilhas) – Typical & Seafood




Solar Beirão – Typical Portuguese food with both meat, fish and seafood specialities. No reservation needed for small groups.

Try: Seafood (various), Seafood rice, Fish & Pasta Stew, Minho-style Bacalao, Alentejo-style pork meat, Mixed-meat grilled, etc.

 www.solarbeirao.pai.pt

 Rua Cândido Reis 17, 2800-270 Cacilhas

 <https://goo.gl/maps/ZtwqegwbnDF2>

 Open: 12h - 23h | Closed: Mondays



Marisqueira Farol – Century-old restaurant, the oldest in the region and is known for great beer & seafood, from their own aquariums. No reservation required for small groups.

Try: Mussels, Clams, Shrimp, Crab, Lobster, Fried cuttlefish, Fish of the Day, etc.

 www.restaurantefarol.com

 Largo Alfredo Dinis 1, 2800-252 Cacilhas

 <https://goo.gl/maps/PnnCZsSpPoG2>


 Open: 12h - 20h30 | Closed: Mondays


Pastéis de Nata & Ice Creams (Gelados)



Pastry shop located opened since 1942 which is best known for the Pastéis de Santo António, a patented recipe of "Pastéis de Nata" but also well-known for Portuguese "Bolas de Berlim" (Berlin Balls, like doughnuts with no hole in the centre).

 www.pastelariasantoantonio.pt

 Av. Afonso de Albuquerque 227,
2825-458 Costa da Caparica


 <https://maps.app.goo.gl/jgvWJCntCg1tPhV7>


 Open: 7h-19h (Mon - Fri) / 7h-20h (Sat & Sun)





The oldest ice cream shops in town. It serves traditional daily-made ice creams on home-made vanilla cone (you need to ask for it as they only give it to the usual customers).

Gelados Pintado also has crepes & waffles (simple or with ice cream, and/or whipped). Great variety, top quality and fair price along with an excellent customer service.

 www.facebook.com/geladospintadocaparica/

 Rua dos Pescadores 14A,
2825-488 Costa da Caparica

 <https://maps.app.goo.gl/GEapidZFfNCwCHdu8>

 Open: 12h00 - 00h00 | Closed: Wednesday

Smart Tip: TheFork !

- Use TheFork to book restaurants in the greater Lisbon (Portugal, EU) with discounts (30%~50%)!
- Sometimes there are special events (TheFork FEST, TheFork Experience) with even bigger discounts and top restaurants included.
- No subscription needed, just use App / Website:



**Must See
&
Explore**

Must See @ Caparica – Natural Beauties



Costa da Caparica Sandy Beaches (“Praias da Costa Caparica”) spanning approximately for 30 kms – the largest contiguous beach in Portugal – attracts sun-worshipping fans, surfers keen to ride Atlantic waves, and individuals seeking clean sea and soft white sand.

📍 <https://goo.gl/maps/Kz2FoWBT8ws>



Forest of Fears, 338ha national forest sent to plant by King John V aiming to fix the sand dunes – the fears – invading agricultural land of the interior, is a great spot for nature lovers where you can gaze at the ocean views and observe a large variety of plants.

📍 <https://goo.gl/maps/R71b7UYvwEE2>

Must See @ Capuchos – Convent & Viewpoint




Convento dos Capuchos. Built in the 16th century, the Convent is a unique architectural testimony that reflects the principles of the Franciscan friars for whom this place of worship was built.

 <https://tinyurl.com/bde9fv8h>

 Rua Lourenço Pires Távora, 2825 Caparica


 <https://goo.gl/maps/uTVVCWV4NPVuCx6b7>

 Open: 10h-13h & 14h-17h , Wed - Sat.



Miradouro dos Capuchos. The beautiful viewpoint of Capuchos from where you can admire Caparica city, its beaches, and the lively coastline – on the horizon you can see Lisbon and, on the other side, Cape Espichel (Sesimbra).

 <https://goo.gl/maps/7JUcbrrt5XJQ2qa7A>

 Open: 24 hours

Must See @ Almada – Museums



City Museum (Casa da Cidade), the home of history and memories of the city, and of the learnings and urban experience of the county, is the right place for those who want to know the recent past of Almada and the surrounding region.

<https://tinyurl.com/4swajw7j>

✉ Praça João Raimundo, 2805-113 Almada

📍 <https://goo.gl/maps/YSZkikN3swEAUXky6>

🕒 Open: 10h-13h & 14h-18h , Tue - Sat.



Museu de Almada – Covas de Pão. Located in the historic centre of the city, the museum reveals the development of the village of Almada and the daily life of the communities that inhabited it over the centuries since medieval times.

<https://tinyurl.com/2p8rsm6m>

✉ R. Henriques Nogueira 36, 2800 Almada

📍 <https://goo.gl/maps/fKWkYyBZyxhcEmDo9>

🕒 Open: 10h-13h & 14h-18h , Tue - Sat.

Must See @ Almada – Historical Sites (1/2)




Christ the King Sanctuary (“Santuário de Cristo Rei”) is a catholic monument and shrine dedicated to the Sacred Heart of Jesus Christ overlooking Lisbon. The giant cement statue was erected to express gratitude for Portugal being spared the effects of WWII.

 www.cristorei.pt

 Alto Pragal, Av. Cristo Rei, 2800-058 Almada

 <https://goo.gl/maps/4nPCtB9XrZEsJmTF6>

 Open: 10h - 19h , everyday




Casa da Cerca: Centre of Contemporary Art, situated in Almada's historical centre, in the top of a hill, with a privileged view over the river and Lisbon city centre hosts several exhibition rooms, a documentation and information centre and the lovely botanical garden “The floor of the arts”.

 www.m-almada.pt/casadacerca/

 Rua da Cerca, 2800-050 Almada

 <https://goo.gl/maps/FSiCEXjmKxp>

 Open: 10h - 18h | Closed: Mondays


Must See @ Almada – Historical Sites (2/2)



Parque da Paz (“Park of Peace”) is a leisure urban green park covering an area of about 50 ha inserted in the middle of the city of Almada with grassy areas, woods, rest areas, paths and lakes.

 <https://tinyurl.com/yckk934h>

 <https://goo.gl/maps/HFm7ruwXUHHJ2>

 Open: 24 hours, everyday




Elevador Panorâmico Boca do Vento - “the Wind Mouth” panoramic elevator connects the historic centre of Almada and the river garden, overcoming a 50-meter gap caused by the action of the cliff.

 <https://tinyurl.com/mr48c8at>

 Rua do Ginjal 72, Almada

 <https://goo.gl/maps/3kJQ1fbj59P2>

 Open: 10h - 21h, everyday

Must See @ Cacilhas – Frigate & Submarine




Frigate 'D. Fernando II e Glória', the last sailing warship of the Portuguese Navy and the last ship that undertook the 'India Run' connecting Portugal to its ancient colony.

 <https://ccm.marinha.pt/en/dfernando>

 Largo Alfredo Dinis, 2800-252 Almada


 <https://goo.gl/maps/92rdenMp27PhX2Eq6>

 Open: 10h - 17h (18h summer), Tue - Sun



Barracuda Submarine - last Albacora class submarine to leave service, in 2010, counting 42 years of official dives to the bottom of the oceans, making it the oldest submarine of all NATO navies.

 <https://tinyurl.com/mt6k3uhu>

 Largo Alfredo Dinis, 2800-252 Almada

 <https://goo.gl/maps/yS3LmAvYj3xkPHZc9>

 Open: 10h - 17h (18h summer), Tue - Sun

**Shopping,
Weather,
Electricity**

Shopping @ Tejo South Margin




Almada Forum is the third largest shopping centre in Portugal. It hosts 262 shops, including a big supermarket and 35 restaurants. Almada Forum stretches over three floors for a total leasable space of 78,815 m². Its outstanding architecture earned it the MIPIM Award 2003 for the best Shopping Centre in Europe and ICSC Full Design and Development Award 2004 for Best Shopping Centre of the World.

 www.almadaforum.com

 Rua Sérgio Malpique 2, 2810-500 Almada

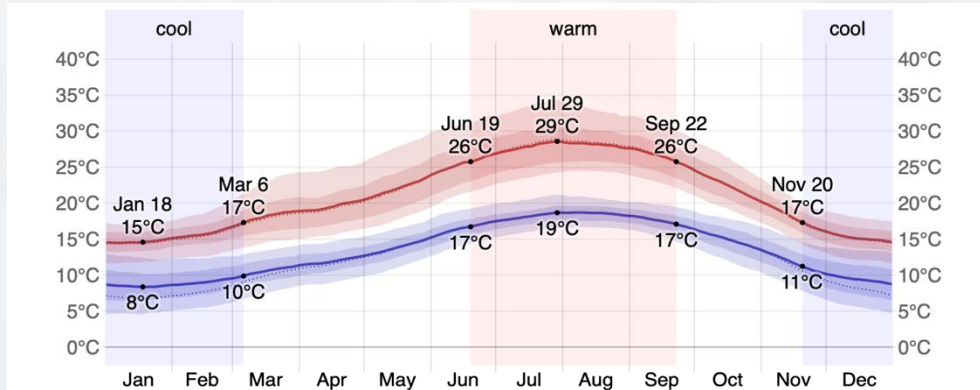
 <https://goo.gl/maps/zzyDXwH1hUgwiyWw9>

 Open : 10h-23h (Sun-Thu) / 10h-24h (Fri-Sat)



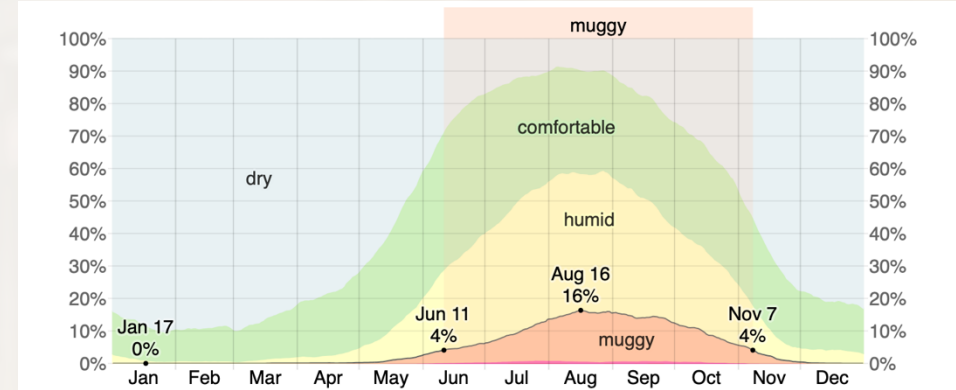
Weather @ Lisbon

- In Lisbon, the climate is Mediterranean, with mild, rainy winters (December to February) and warm, sunny summers (June to mid-September).
- Temperature: Average temperature of the coldest month (January) is $\sim 8^{\circ}\text{C}$. Average temperature of the warmest month (August) is $\sim 29^{\circ}\text{C}$.
- Humidity: The muggier period of the year in Lisbon lasts for some 5 months, going from mid-June to mid-November.



Average High and Low temperature in Lisbon (2014-2021) [1]

[1] © WeatherSpark.com: <https://weatherspark.com/y/32022/Average-Weather-in-Lisbon-Portugal-Year-Round>

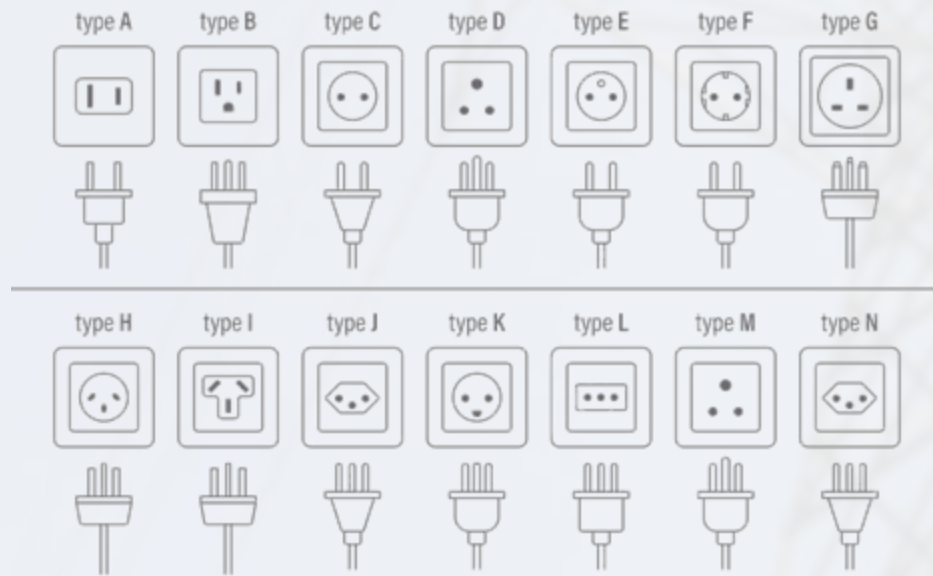
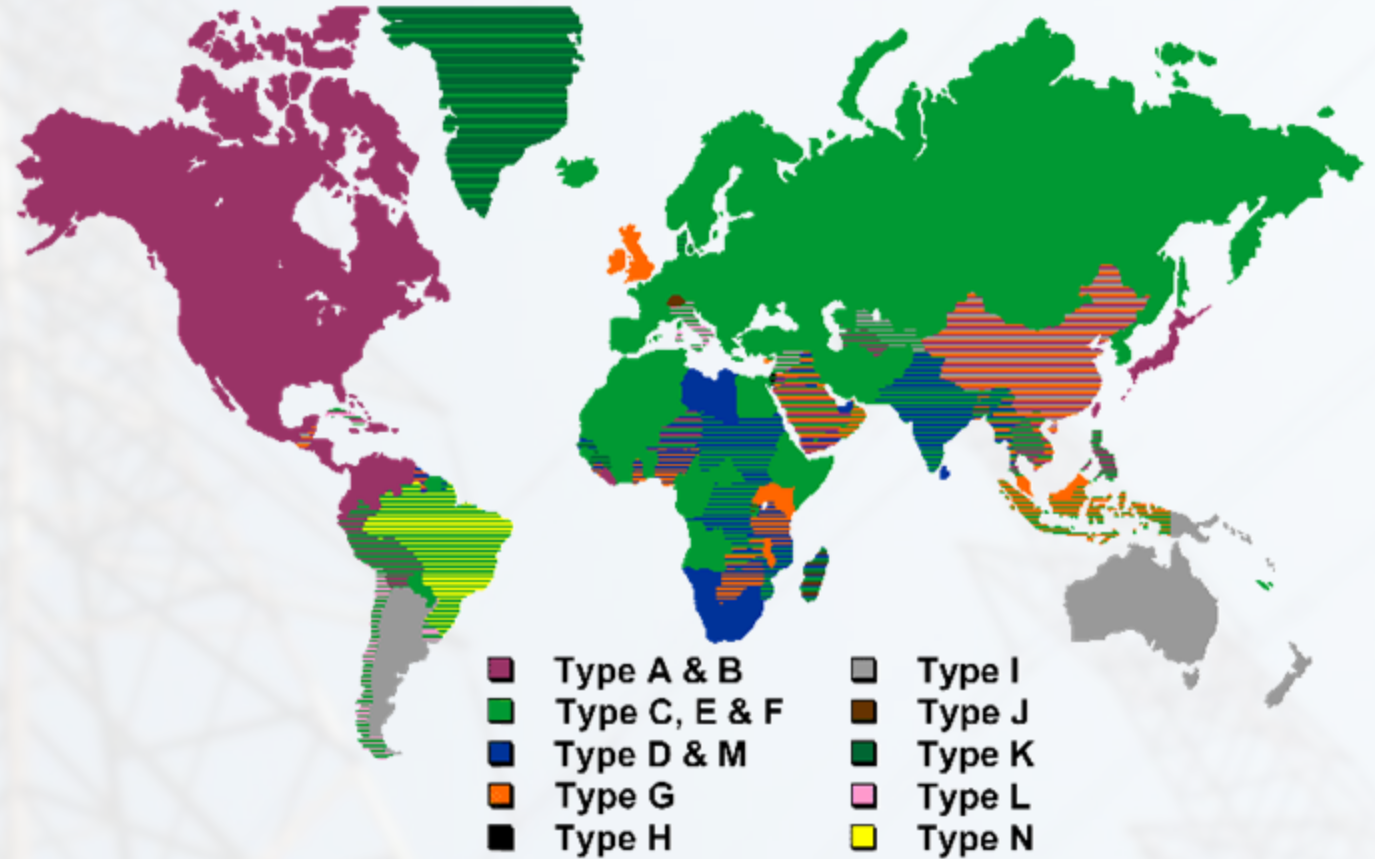


Humidity Comfort Levels in Lisbon (2014-2021) [1]

- Note: Beware however that Lisbon / Portugal is more and more impacted by extreme weather conditions and phenomena, particularly Heat Waves and Hurricanes:
 - Past Heat Waves in Portugal: https://en.wikipedia.org/wiki/List_of_extreme_temperatures_in_Portugal
 - Past Hurricanes in Portugal: <https://www.worlddata.info/europe/portugal/hurricanes.php>

Electricity in Portugal

- The standard voltage is **230V** and the frequency is **50 Hz**
- Plug socket: **type F**
 - Also known as “Schuko”
 - Works with plug C & plug E



Guides & Tips

Guides & Tips @ Lisbon

- **TimeOut Lisbon:**

High-quality content – written and curated by a team of local expert journalists – on the best food, drinks, culture, art, music, theatre, travel and entertainment

 www.timeout.pt/lisboa

Tip: use website in Portuguese and activate translation on the browser for a lot more content.

- **‘Secret Lisbon’ guide:**

The perfect online guide that takes you to discover the best of Lisbon every day. It shows everything: the best taverns, the old secrets, the hidden alleys and the events that make the city boil – only in Portuguese, use language translator

 <https://lisboasecreta.co>

Tip: use website in Portuguese and activate translation on the browser for a lot more content.

- **‘Visit Lisbon’ website:**

Lisbon official tourism website – all you need to plan your trip & stay at Lisbon

 www.visitlisboa.com/en